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WE MEET FRIDAY 7pm at
Holiday Inn Bengaluru Racecourse

JOINT MEETING



A joint meeting of **Rotary Club of Bangalore, Rotary Bangalore Central, and Rotary Bangalore Junction** was held at the Rotary House of Friendship, Lavelle Road, on 20th January 2025.

The guest speaker for the evening, **Mr Adarsh Narahari**, Founder and MD of Primus Senior Living, delivered an insightful talk on **"Senior Citizens' Living & Assistance."** He shared his inspiring journey of building India's most innovative senior living communities and discussed practical strategies for slowing down ageing, fostering healthier lifestyles, and extending our "Health Span"—the years of life spent in good health.

Mr. Narahari's session offered invaluable insights into how modern science, community living, and proactive care can help individuals lead more fulfilling lives as they age. His talk

resonated deeply with attendees, providing actionable takeaways for those looking to enhance their quality of life or explore revolutionary approaches to elder care.

The session concluded with an engaging Q&A segment, followed by a **Fire-Side Chat** with **Rtn. Akil Rassai**, which added further depth to the evening's discussions.

The event was well attended by Rotarians from all three clubs. Despite many meetings for the first time, the atmosphere in the room made it feel like a gathering of family. The host club's fellowship and hospitality were truly exceptional.

The evening wrapped up with a simple yet delightful dinner, allowing attendees to connect, network, and strengthen bonds. It was a memorable event, combining meaning-

VOCATIONAL NEWS

Rotary Club of Bangalore Junction Explores Cutting-Edge Warehousing Facility

As part of Vocational Service, Rotary Club of Bangalore Junction organized an insightful visit for its members and their families to a state-of-the-art warehousing facility in Hoskote, Bangalore. This modern facility spread over 18 acres with a built-up area of 6 lakh sq. ft., serves as a critical distribution hub for some of the world's most recognized brands, including P&G, Amazon, Kellogg's, Jockey, Pringles, LuvLap, Samsonite, Gillette, and AGARO.

The visit offered participants a firsthand look at the impressive scale, efficiency, and innovation driving inventory management, climate-controlled storage, order fulfillment, and top-notch security and surveillance systems. Attendees were particularly fascinated by the meticulous processes that ensure the timely delivery of products to consumers.

The day's program began with breakfast and was followed by a facility tour, providing members and their families with valuable insights into the intricate workings of a large-scale warehousing operation.

The visit was greatly appreciated by all participants, who expressed their gratitude to the organizers and hosts. A special note of thanks was extended to **Rtn. Sanjay Agarwal (Rawalwasia)** and his team for their warm hospitality and seamless coordination, making the experience both educational and enjoyable for everyone involved.

This initiative reflects Rotary's commitment to fostering learning, engagement, and community enrichment through vocational service and industry exposure. We look forward to planning more industrial tours in the future.

Rtn. Dr. O.P.Goel



MALUR GAUSHALA PROJECT

Combining the Vocational Tour of the Amazon Warehousing and Distribution Facility along with the visit to **Ramachandra Gou Ashram** looked like a peculiar pairing.

After the tour of Warehouses, we left for the Ramachandra Gou Ashram where Sanjay, Nilesh and Rotary Bangalore Junction had created the facility of housing Cows, Calf's and Bulls in better conditions.

The event started with the divine Ganapati Homa concluding with the Purna Ahuti. It gladdened all hearts to participate in the auspicious and spiritual ambience created. The formal ribbon cutting of the facility followed with sharing of Prasad, clicking photographs together and listening about the Gou Ashram, the Gobar Gas plant, manufacture of Ayurvedic products aquired from the Cows.

The serene Maruti Temple (Shree Hanuman Temple) in the premises along with the two tall Pipal trees created the aura and

ambience and also created a climate reminding us of the Bangalore of the past. This was followed by organic Gou products factory in their premises.

The highlight of our day was undoubtedly the delicious Sattwik Lunch prepared at the Gaushala itself. The Lunch was simple and very tasty and was enjoyed and appreciated by one and all.

A special thanks to **Rtn. O.P.Goel - Director Vocational Service and Rtn.Savita Bhauwala - Director Community Service** for their efforts in arranging both events.

We parted around 3 pm carrying with us the feeling of satisfaction and Contentment of a day well spent.

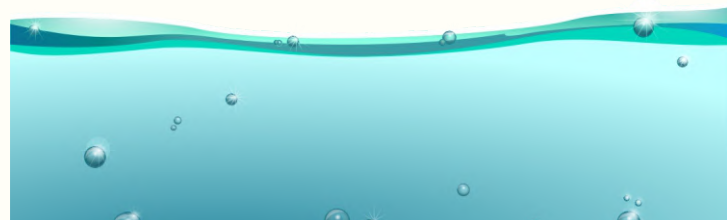
Rtn. M.P.Krishnan



TIPTUR LAKE REJUVENATION

Rotary Bangalore Junction has consistently been dedicated to supporting water and sanitation projects.

As part of **Sahayoga initiative**, RBJ contributed **Rs. 1.25 lakh** towards the rejuvenation of Tiptur Lake.



TREE PLANTATION PROGRAM

The Inaugural Ceremony of plantation of fruit bearing trees "**Banadigale Marali Banni**" was held at at BWSSB office, Vishweshwaraiah Layout on 16th January.

The aptly named project focuses on bringing birds back to our neighborhood, and planting fruit bearing trees is a step towards it.

Rotary Club of Bangalore Junction is one of the six sponsoring clubs of this inaugural program. A total of **10,000 trees** will be planted at various locations across Bangalore. RBJ will contribute towards planting **1000 trees**.



COMMUNITY SERVICE - LITERACY

Meet with SRGVVK Trust School & Edu-GIRLS

Rotary Bangalore Junction was part of a special event at Rotary House of Friendship on 12th January 2025, in association with **Edu-GIRLS, USA** and **SRGVVK Trust School**.

This event was held to celebrate the impact of education which transforms students, which in turn leads to Women Empowerment. The program started off with a melodious invocation by one of the students and President **Rtn. Siddharth Hamirwasia** welcomed the gathering.

Past District Governor **Rtn. Jeetendra Aneja**, in his address threw light on how Rotary Bangalore Junction came to be associated with **Mr. Anand Seth, Founder of Edu-GIRLS** and the way the classrooms were constructed at **SRGVVK Trust School**. He commended Mr. Anand Seth's passion and commitment towards education.

Mr. Anand Seth spoke on the work that was being done at SRGVVK School through Early Child Development - involving getting children on board at the age of three and educating them

and supporting them with vocational skills till they get placement. All this has been possible because of **Mr. Venugopal, Executive Trustee, SRGVVK Trust** who has donated the land for the school. He was happy with the impact that had been created and thanked Rotary and the teachers of SRGVVK Trust School for all their efforts.

The talented students of the school performed an innovative skit and some dances, which enthralled the audience. It was heart-warming to listen to one of the students and her mother, explaining how the scholarship program had been a life changing experience for them to progress in life.

It was indeed a great opportunity for us to witness the profound impact of education and empowerment while contributing to the mission of uplifting lives, paving the way for future progress. Rotary Bangalore Junction is fortunate to be associated with this noble initiative of building brighter future for the next generation.

Rtn. Lalana Murthy



RYLA (Rotary Youth Leadership Awards)

RYLA stands for Rotary Youth Leadership Awards. It's a program that helps young people develop their leadership skills through an all-expenses-paid camp.

RBJ and Engage India organized a two-day RYLA (Rotary Youth Leadership Awards) event on January 10th and 11th, 2025, at Morarji Desai Residential School, Chamrajpet. The training program was designed for students in 8th & 9th grade, focusing on leadership, time management, team spirit, conflict resolution, and goal setting. The students responded with great enthusiasm, offering positive feedback about the sessions. This training initiative will continue over the coming months, facilitated by Engage India, the club's own sponsored organization.

Additionally, RBJ has adopted Morarji Desai Residential School to support the provision of quality education and improved infrastructure.

On Day 1, January 10th, the event began with an inaugural ceremony, followed by the training sessions. On Day 2, January 11th, a valedictory session took place, attended by notable dignitaries, including DG 3192 Rtn. Mahadev Prasad, PDG Rtn. Jeetendra Aneeja, RBJ President Rtn. Siddhart Hamirwasia, Lt. Gov. Rtn. B.K. Krishna Murty, RBJ Club Secretary Rtn. Lalana Murty, Youth Service Director Rtn. Manish Bojjawar, PP Rtn. Nawal Saraf, Rtn. Ramanan from Engage India, and MDRS Principal Dr. Jyothi.

Motivational and inspiring speeches were delivered by DG Rtn. Mahadev Prasad and PDG Rtn. Jeetendra Aneeja. In gratitude, the school presented best-selling books to the dignitaries in attendance.

Rtn. Manish Bojjawar - Director Youth Services



INTERNATIONAL INNER WHEEL DAY

Greetings from Innerwheel Club of Bangalore Junction.

We celebrated International Inner Wheel Day on 9th January 2025, wherein our club hosted this prestigious event of District 319, composed of 44 clubs, at Koramangala Club Auditorium. Inner wheel has completed 100 years of services worldwide.

Highlights of the event:

- The event witnessed an overwhelming response, with club members and around 300 guests, including the District Chairman, Club Presidents, District Dignitaries and all Past District Chairmen.
- The District Chairman Srimathi Master, and the District Executive Committee were warmly welcomed with dry fruit garlands and small matkas.
- The theme and decoration of the event was based on Makar Sankranthi, hence Kites, Matkas, Multi-colored umbrellas, etc adorned the stage.
- A beautiful Invocation dance, followed by the Inner Wheel prayer set the tone for the day.
- The Theme of the event was "Orange the World" which is a movement supporting the global campaign to end violence against women and girls. This initiative aimed to raise awareness, inspire action, and advocate for a safe and equitable world for women. Hence everyone dressed up in shades of Orange Sarees.
- 35 clubs of District 319, came together with a heartwarming and impactful Joint Project, under the unifying theme of

"Heartbeat of Humanity," and donated an ECG machine to the AiR Humanitarian Home for the Destitute at Chikka Gubbi. This initiative, filled with compassion and purpose addressed a crucial healthcare need and truly showcases the transformative power of Inner Wheel's vision and mission.

- Past District Chairman Padmini Nagachandra, presented the history of International Inner Wheel.
- District Editor Past President Bharathi Dileep, narrated the inspiring history of District 319.
- The event was graced by the Chief Guest, Chethana C., a Sound healing Practitioner, who provided a mesmerizing experience of sound meditation, leaving the audience enthralled.
- Club presidents and district dignitaries played many fun-filled and interactive Games, followed by an engaging session of Musicaljantantakshari.
- District Executive Committee members performed a Sankranti-themed dance.
- Club members presented a fun-filled lazy dance and vibrant Garba, which delighted all the guests.
- Versatile club Presidents showcased dances representing various states of India, adding a cultural flair to the celebrations.
- Together, we celebrated International Inner Wheel Day with joy, unity, and pride, showcasing the true spirit of Inner Wheel!

Sunita Agarwal

President - Inner Wheel Bangalore Junction



ROTARY NEWS IN BRIEF

The District Secretariat of RI District 3192 organized a special dinner to meet the **Rotary International President Representative (RIPR), IPDG Rtn. H.R. Keshav**. The event took place at the Royal Orchid Hotel, Bangalore, on January 27, 2025. RBJ was represented by President Rtn. Siddarth Hamirwasia, First Lady Rtn. Uma Hamirwasia, and PP Rtn. Sanjay Agarwal.



DGN Rtn. Ravishankar Dokuju, Ann Paula and RIPR Rtn. H R Keshav

DG Rtn. Mahadev Prasad & First Lady celebrated their 35th Wedding Anniversary on Sunday, 5th Jan, 2025.

RBJ wishes them all the best and happiness in their married life.



Rotary District 3192 organized a fundraiser event, **Gurukiran Nite**, a live fun-filled musical concert at Sri Babu Jagajeevan Ram Auditorium, Bangalore on 18th Jan, 2025.

The funds generated from this event will be utilized for impactful initiatives such as the Human Milk Bank, Peace and Conflict Resolution Programs, Tree Plantations, RYLA and other meaningful projects.



As part of the **Village Adoption Project** in Dwaranakunte, Sira Taluk, the **"Stree Shakti Tailoring Institute,"** established in collaboration with the Inner Wheel Club of Bangalore Junction on June 16, 2024, is functioning well. The institute is currently offering regular training to 30 underprivileged women, equipping them with valuable skills for a brighter future.

The Public Development Officer (PDO) from **Dwaranakunte, Sira Taluk**, also shared that the Model School established by RBJ has been well-maintained and is performing excellently. Both students and teachers, as well as the residents of the village, are thrilled to have access to such a high-standard educational facility.



Samskrutika Kreedha Mela, a vibrant event that celebrates the talents and spirit of differently abled children through culture and sports was held on 18th Jan, 2025 at Malleswaram Grounds, Bangalore.

Rotary Club of Bangalore Junction was a lead club in this event.



The 2nd District Conference **"Ride the Royal Waves"** of 3192 will be held from 29th Jan to 1st Feb, 25 at the Cordelia Cruise.

ROTARIAN IN THE NEWS

We are delighted to congratulate **Rtn. Bipin Ram Agarwal** on being honored with the prestigious "Maharaja Agrasen Global Icon Award 2025" for his exceptional contributions to social service. The award was presented to him on January 5th, 2025, at the Ambedkar International Auditorium by the esteemed Lok Sabha Speaker, Shri Om Birla.



In his acceptance speech, he expressed his heartfelt gratitude to the organizing committee and acknowledged the unwavering support of his family, friends and society.

He emphasized the importance of collective action in driving positive societal change. He reaffirmed his commitment to building a brighter, more inclusive future for all.

Greetings

Birthday's

Rtn. Richa Tandon	02-Feb
Rtn. Anil Singhal	03-Feb
Rtn. Rajendra Yaduka	17-Feb
Rtn. Sunanda Aneja	18-Feb
Rtn. Abhishek Kandoi	19-Feb
Rtn. Sanjay Kumar Bindal	19-Feb
Rtn. Swati Bothra	25-Feb
Rtn. Arvind Chandak	26-Feb
Rtn. Santosh Kejriwal	26-Feb
Rtn. Vasu Deo Sarda	26-Feb

Ann. Priya Khanna	08-Feb
Ann. Sangita Bhartiya	11-Feb
Ann. Rajini Krishnan	11-Feb
Ann. Alka Mittal	15-Feb
Ann. Shobha Sinha	17-Feb
Ann. Anita Jalan	19-Feb
Ann. Manju Giria	20-Feb
Ann. Smriti Aneja	21-Feb
Ann. Neelam Chouraria	23-Feb
Ann. Jayalakshmi	25-Feb
Mr. Pravin Agarwal	26-Feb
Ann. Tripti Agarwal	26-Feb
Mr. Anil Alampuria	28-Feb

Wedding Anniversary

Rtn. Anil Singhal & Ann. Babita	03-Feb
Rtn. Shailesh Agarwal & Ann. Ritu	04-Feb
Rtn. Lalit Prakash Bhartiya & Ann. Sangita	06-Feb
Rtn. Sunil Dwivedi & Ann. Shalini	06-Feb
Rtn. Vikas Jajodia & Ann. Neelam	06-Feb
Rtn. Dinesh Chandra Patwari & Ann. Neelima	07-Feb
Rtn. Sanjay Agarwal & Rtn. Rekha	08-Feb
Rtn. Bimal Kumar Goenka & Ann. Sunita	09-Feb
Rtn. Naresh Kumar Agarwal & Ann. Roopa	09-Feb
Rtn. Hozefa Attarwala & Ann. Nisrin	15-Feb
Rtn. Anup Daga & Ann. Ritika	15-Feb
Rtn. Sital Mittal & Ann. Urmila	17-Feb
Rtn. Sushil Agarwal & Ann. Uma	18-Feb
Rtn. Viineet Kabrra & Ann. Ila	19-Feb
Rtn. Ajay Bhauwala & Rtn. Savita	20-Feb
Rtn. Milind Deshpande & Rtn. Meera	21-Feb
Rtn. Vijay Shankar Saraf & Rtn. Nitu	21-Feb
Rtn. Avinash Koorgailu & Ann. Chandana	22-Feb

LEARN KANNADA STEP BY STEP

Prashne: Rotary Samsteya mantra 'Seve meladrushti' embudara arthavenu?

Question: What is the meaning of Rotary organisation motto 'Service above Self'?

Uttara: 'Seve meladrushti' endare 'vaiyukthika aasegalannu meeri samaja sevege adyate needuvudu'.

Answer: The meaning of 'Service above Self' is 'Prioritising service to society over personal desires'.

NGO- ALERT

In India, countless lives are lost due to the lack of timely and informed help during medical emergencies, such as road traffic accidents, heart attacks, cardiac arrests, strokes, and other incidents. ALERT is an NGO that has been working tirelessly since 2006 to improve the emergency care ecosystem in the country to save lives. With the core objective of promoting golden hour care and emergency response, ALERT collaborates with various governments, hospitals, police Commissioner-ate, the general public, and other stakeholders to generate awareness, build capacity, provide skill training, and advocate for policy changes, the ACAN formed by WHO India with ALERT as one of the Executive members being the latest advancement.

Through its state-of-the-art simulation lab facility (India's first for the general public) and ALERT VoICE (Volunteers In Case of Emergency), a community-driven, technology-based first response network, ALERT pursues the goal set by former President of India **Dr. APJ Abdul Kalam to "train one in every family in emergency response."** To date, ALERT has empowered over 3.6 lakh citizens across the country.

ALERT (www.alert.ngo) has collaborated with the International Club of Rotary since its inception in 2006. Nearly 80% of all Rotary clubs in Chennai have partnered with ALERT on various initiatives, including training programs for Rotarians, Anns, Annettes, Rotaract members, and Inner Wheel wings. Through these collaborations, ALERT's programs have directly benefited over 45,000 individuals approximately.

Some of the key highlights are:

- Comprehensive first aid training sessions conducted for thousands of Rotary members.
- Specialized VoICE (Volunteers In Case of Emergency) training on emergency response for Rotaract members, certifying them as community first responders.
- Organizing multiple awareness events such as Walkathons, Alertathon, and Cyclathon in partnership with Rotary to raise awareness about the importance of being trained and prepared.
- Joint community outreach programs focusing on health and safety awareness, including:
 - Training for auto/public and school bus drivers, police, and the general public on first response.
 - Campaigns such as 'Give way to ambulance', 'She needs CPR', and road safety initiatives.
 - Capacity-building initiatives for Rotary club leaders to enhance their skills in crisis management during disasters and accidents.
 - ALERT volunteer Rotary members serving as emergency response team members during Guinness World Record events and major Rotary district events, with ALERT as the first aid partner.
 - Regular updates and refresher courses to keep members informed about the latest first aid techniques and protocols.

ALERT Bangalore Chapter formed in May 2004 led by Rtn. Neeta Agarwal from Rotary Club of Bangalore Junction is taking small but firm steps to continue and expand the noble work started at Chennai. ALERT seeks full support of Rotary Clubs of Bangalore to bring this critical life saving skill to each and every Rotarian in Bangalore and across India.

Rtn. Neeta Agarwal